



## Chocolate Mint Chip Shake

<b>Serves</b>	1
<b>Ingredients</b>	4 fluid ounce Minute Maid® Smoothies Non-Fat Vanilla Yogurt, thawed 1 1/2 fluid ounce peppermint syrup 1 fluid ounce white or dark chocolate syrup (optional) 2 cups ice 1 tbsp mini chocolate chips
<b>Garnish</b>	Whipped cream Mini chocolate chips or chocolate mint cookie crumbs Chocolate syrup
<b>Method</b>	<ol style="list-style-type: none"><li>1. Combine Minute Maid® Smoothies Vanilla, peppermint syrup (and chocolate syrup if desired) and ice in a blender; process until smooth</li><li>2. Add mini chocolate chips; flash blend</li><li>3. Pour into a 16-oz. glass</li><li>4. Garnish with whipped cream, mini chocolate chips or chocolate mint cookie crumbs and chocolate syrup</li></ol>
<b>Nutritional Information</b>	568 calories
<b>Brands</b>	Minute Maid® Smoothies Non-Fat Vanilla Yogurt
<b>Target Audience</b>	Adult, Youth
<b>Primary Flavor Profile</b>	Chocolate; Mint
<b>Drink Style</b>	Blended
<b>Drink Personality</b>	Dessert in a Glass; Seasonal/Holiday; Snack
<b>Food Pairing</b>	Desserts; Snacks - Sweet

